

Kearnan College

CANTEEN



Summer Menu

Term 4 & 1
2022/2023

Manager: Katrina Deitos

Phone: 9777 0610

Donations of fruit is appreciated and will be given out free.

DRINKS

Water Large	\$2.00
Flavoured Milk Drinks (Choc, strawberry & banana)	\$2.50
Plain Milk	\$2.00
Up n Go (Choc, strawberry, vanilla & banana)	\$2.50
Juice (Mondays, Wednesdays & Fridays ONLY)	\$2.00
*Milkshakes (Wednesday & Fridays only)	\$2.50

MONDAY

Recess

(Please note recess items are for recess only & no pre-ordering, counter sales only)

*Assorted Cheesies	\$3.50
*Mini Pizza (Homemade)	\$3.00
*Berry Muffin	\$3.00
*Mini BLT's	\$3.00

Lunch Special

*Stirfry Noodles	\$5.50
Chicken Nuggets x 5	\$4.00

TUESDAY

Recess

(Please note recess items are for recess only & no pre-ordering, counter sales only)

*Assorted Cheesies	\$3.50
*Mini Pizzas	\$3.00
*Vegemite & Cheese Sub	\$4.00
*Fruit Cups	\$3.00

Lunch Special

*Chilli Chicken Burger (with salad & mayo) <u>or</u> *Large Chicken Burger (Please note <u>NO</u> variations to Salad)	\$5.50
*Mini Chilli Chicken Burger	\$4.00
*Mini Chicken Burger	\$4.00
*Vegetarian Burger	\$5.50
*Bruschetta (1 per serve)	\$3.00
Add Avocado \$1.00	
Add Feta Cheese \$1.00	

GF = Gluten Free

~Items marked with '' are freshly made daily on premises~*

WEDNESDAY

Recess

(Please note recess items are for recess only & no pre-ordering, counter sales only)

*Assorted Cheesies	\$3.50
*Pizza	\$3.00
*Corn Fritters	\$3.00
*Apple & Oat topped Muffins	\$3.00

Lunch Special

*Pizza Homemade	\$4.00
*Nachos with light Sour Cream	\$5.50

THURSDAY

Recess

(Please note recess items are for recess only & no pre-ordering, counter sales only)

Wedges	\$3.50
*Assorted Cheesies	\$3.50
*Mini Pizza (Homemade)	\$3.00
*Japanese Pancake	\$3.00

Lunch Special

*Sausage Sizzle (with or without sauce)	\$4.00
Fried Rice	\$5.00

FRIDAY

Recess

(Please note recess items are for recess only & no pre-ordering, counter sales only)

*Milo Muffins (1 per child)	\$3.00
Chicken & Hash brown bucket (1 per child)	\$3.00
(2 hash browns, 1 yummy drummy & 1 nuggets)	
*The Blincow Burger (2 Chicken Tenders in a bun)	\$5.00
*Fruit Cups	\$3.00

Lunch Special

Sausage Roll	\$4.00
Traveller Meat Pie	\$4.50
Mini Meat Pie	\$2.00
*Quiche Lorriane with Slaw & Greens	\$5.50

Sauce Tomato Sauce .40c Sweet 'n' Sour .50c

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AVAILABLE EVERYDAY

	Large	Small
*Salad Plate with mayo	\$5.00	\$4.00
*Chicken Plate with mayo	\$6.00	\$5.00
*Ham Plate with mayo	\$6.00	\$5.00

Avocado (please add)	\$1.00
Egg (please add)	\$1.00
Curried Egg (please add)	\$1.00

Multigrain or White bread / White Rolls / Wraps

~Gluten Free (GF) bread \$1.00 extra~

	<u>Mini Rolls</u>	<u>Rolls</u>	<u>Sandwiches</u>	<u>Wraps</u>
* Salad	\$3.00	\$5.00	\$4.50	\$5.00
* Chicken & Salad	\$3.50	\$5.50	\$5.00	\$5.50
* Ham & Salad	\$3.50	\$5.50	\$5.00	\$5.50
* Tuna & Salad	\$4.00	\$5.50	\$5.00	\$5.50
* Vegemite	\$2.00	\$3.00	\$2.00	
* Egg & Lettuce	\$3.00	\$5.00	\$4.50	\$5.00
* Curried Egg & Lettuce	\$3.00	\$5.00	\$4.50	\$5.00
Avocado (please add)	\$1.00			

Toasted Sandwiches

*Ham, Cheese, Pineapple	\$5.00
*Ham & Cheese	\$4.50
*Ham, Cheese & Tomato	\$5.00
*Chicken & Cheese	\$4.50
*Chicken, Cheese & Pineapple	\$5.00
*Chicken, Cheese & Mayo	\$5.00
*Baked Beans & Cheese	\$4.50
*Spaghetti	\$3.50
*Cheese	\$4.00
*Cheese, Tomato & Onion	\$4.00
Extras - Mustard or Pickles	.40c

Munchies

Popcorn (Mini)	\$1.00
Vege Chips	\$1.50
Cereal Packs	.50c
Low Fat Yogurt	\$2.50
Icy Fruit Sticks (Mon/Wed/Fri only)	\$1.00
YoGo	\$2.50
K-Time or Milo Bars	\$1.50
Chocolate or Rainbow Billabong (Wed/Fri only)	\$2.50
Fruit Salad Diced Goulburn	\$2.50

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