



# Kearnan Chronicle

*"Never see a need without doing something about it"*

- Mary MacKillop's motto for life

24 February 2023

"God, may Your light guide my day, and your spirit bring me peace. Amen."

## Important Dates:

Monday 27 February	School Photos
	ONLA Year 11/12
Tuesday 28 February	School Photos
Friday 3 March	ACC Basketball Carnival
	Junior School Assembly

Monday 6 March	Labour Day Public Holiday
Tuesday 7 March	Junior School Jumps
	P&F Meeting 6.00 pm
Friday 10 March	Junior School Athletics Carnival

Dear Parents and Guardians of Kearnan College,

The start of the year has certainly been full of exciting events. As a school we are settling into our routines and beginning to focus on the things that matter, like our wellbeing, our education and our sense of belonging and purpose.

I have had the opportunity to present to almost all of the parent groups within the school at various Parent Information Nights. I appreciate how connected parents are to this school and see that the partnership between the school and home is a strong one. For those I haven't met yet, I look forward to meeting soon.

We have an abundance of opportunities here in Kearnan. As a staff our mission is to inspire the children in our care to grow and develop in every aspect. At my first assembly with the secondary school, I spoke about the word pride, and how my vision is to see them develop pride in themselves, pride in each other and pride in their school. I have been witness to some very pleasing examples of students demonstrating this pride, through their application and effort in class, collaboration and cooperation in group activities and through representing their house with enthusiasm. One area that will be a focus in the coming weeks is the wearing of our school uniform with pride throughout the college. Our uniform policy is on our school website as well as in the front of the student diaries. I urge all parents and students to familiarise themselves with this policy and to work with the school to ensure it is followed.

## Wellness Wednesday

A new initiative to the College this year has been 'Wellness Wednesday'. The concept behind this initiative is to make visible our objective of improving student and staff wellbeing at Kearnan. We all know that when we are well within ourselves, we are able to embrace life to its fullest and handle the challenges that come our way. All the students have embraced wearing sports uniform on this day and hopefully this allows them to feel relaxed and is a physical sign of the intention of the day. We all (staff included) pause at 11.00 am for whole school journalling. This looks different across the classes but is tied into the same theme for the week. The evidence behind journalling tells us that you begin to rewire our brain and begin to look for the positives. It pleases me immensely to see the College have this as a priority. Recently I listened to Lael Stone on the 'Imperfects' podcast, who spoke about the challenges we all face with transitioning and beginning new things. She spoke about the feelings we have when we step into the unknown or into something new and gave some very practical ideas about how we (as parents) can be a support during these times. The main point I took from this podcast was that one of the greatest things we can do as a parent is to learn to listen well and to listen with empathy. Our Wellness Wednesday is putting steps in place to strengthen this, and we are excited about how this will benefit all of us.

## Shrove Tuesday

On Tuesday 21 February we celebrated Shrove Tuesday (also known as pancake Tuesday). A big thank you to Mr Ure for the coordination and distribution of the pancakes. It is a real highlight of the year when we see our students sharing a meal together.

## Ash Wednesday

On Wednesday 22 February every student took part in an Ash Wednesday Liturgy. Our Student Leaders began the day with Mass at 8.30 am with Fr Edwin. This was followed by a beautiful Primary Liturgy and then four very meaningful Secondary liturgies within their House groups.

## School Photos

On Monday 27 February and Tuesday 28 February the School Photos will be taken. All students are to be in their full uniform (not sports uniform). The Primary school will have their photos taken on the Monday afternoon and the Secondary school will have their photos taken on the Tuesday. Sibling photos will occur across both days.

## Year 10, 11 and 12 Ball

Our Year 10, 11 and 12 students not only looked amazing, but were amazing at the School Ball. This was my first School Ball as principal, and I was very impressed with every aspect of the night. Ms. Smithen and Mrs. Schutz did an outstanding job of bringing this all together. It was a night filled with plenty of dancing, an abundance of socialising and the creation of great memories. The highlight for me was how every student embraced every aspect of the ball and enjoyed celebrating together



## Fee Assistance

Parents/guardians who hold a Family Health Care Card or eligible Centrelink or Veterans Affairs Pension Card can claim fee discounts by presenting the card at the College Office at the beginning of the year and completing a simple form.

Parents of students in Years 7 – 12 who hold these cards can also claim the Government Secondary Assistance Scheme rebate which provides funds for the purchase of uniforms and the payment of subject levies. Further information for families holding these eligible cards is

available from the College Office. Relevant parents need to tend to this as soon as possible. Applications for this fee assistance closes on **Thursday 6 April 2023**

Best wishes

**Ben Priest**

Principal

[ben.priest@cewa.edu.au](mailto:ben.priest@cewa.edu.au)

## SECONDARY SCHOOL NEWS

### Shrove Tuesday and Ash Wednesday

This week is an eventful one for liturgical events, with students celebrating Shrove Tuesday with McCormack leading the way. Under the guidance of House Coordinator Mr Julian Ure McCormack students raised money for Caritas by preparing pancakes for the whole College to enjoy at recess. McCormack even added the magic touch of some music for all to enjoy in Wanju Place.

Each secondary House gathered on Wednesday to participate in Ash Wednesday. Led by students and House Captains, each House read and prayed together, following with the distribution of ashes. As we move into the season of lent, students are encouraged to reflect and consider what they can give up for forty days until Easter. Dare I suggest social media.....?

### Year 7 Information Night

It was fantastic to welcome all Year 7 students and families to our information night. Changing schools and moving into secondary schooling is an exciting, yet difficult time with many changes in effect. The key message of the evening was to keep the communication lines open with relevant staff and some strategies how to best support your child academically. The College website, student diary and SEQTA engage are the best places to seek information and contact details. For all other general queries, please call College administration.

### ACC Basketball Trials

This week over 60 students trialled for the College's Basketball teams that represent at two championship carnivals over the year. Four teams are selected to represent across the divisions of Jnr Boys and Girls (Years 7-9) and Snr Boys and Girls (Years 10-12).

Next Friday 3 March will see the four teams travel to Bunbury to compete in the ACC Basketball Qualifier. If teams are successful at this competition, they will progress to the finals held in Perth later in the year.

The two junior teams will travel in Term Three to Rockingham to compete in the SSWA Championship Qualifier.

Well done to all students who trialled, Basketball at Kearnan has a strong future ahead.

### Excursions

Year 9 and senior school Art students were fortunate to travel down to the Town Hall this week to visit the *Peregrinations of a Citizen Botanist* exhibition. Thank you to Mrs Liz Collins and Ms Emily Ardagh for making this opportunity a reality for our students.

In Religious Education, Miss Kate Chilvers has been

facilitating Moonya visits for our senior students. A fantastic opportunity to connect and give back through our service program, students have thoroughly enjoyed this time – so much so that some didn't want to come back to school!

**Mr Aaron Pedlar**  
**Head of Secondary**  
[aaron.pedlar@cewa.edu.au](mailto:aaron.pedlar@cewa.edu.au)

## JUNIOR SCHOOL NEWS

We have enjoyed a busy couple of weeks, as students settle into their classrooms and get to know their teachers and class routines. Our start to the Lenten season was beautiful, with our Ash Wednesday Liturgy celebrated together and led by teachers. Your child will start learning about Caritas and how we can help those people in our world who are poor and in need.

Art Club and Coding Club will commence during lunchtimes next week, starting with the older Junior School students. Homework Club will also commence and parents who have expressed interest will receive notification of a location change prior to Tuesday afternoon.

### Student Councillors

Congratulations to our Student Councillors for Term 1. We know that this term they will be coming up with ideas to raise money for Caritas. Mrs Kammann will be meeting with these students to hear their ideas.

*Liam Blechynden, Rylan Fontanini, Clancy Sarre, Milla Fitzgerald, Ella Brown, Shannon Gibbs, Jael Daniels and Tessa Bendotti-Van der Spil*



### Year 4 and 5 Excursion

On Thursday 16 February the Year 4 and 5 classes walked down to the Town Hall to view the amazing Art on the Move Exhibition. The exhibition, Peregrinations of a Citizen Botanist was a wonderful, whimsical exhibition that followed the journey of 18<sup>th</sup> Century French botanist Jacques-Julien Houtou de Labillardiere, who came to Western Australia in 1792 on the ship Recherche, captained by Bruni D'Entrecasteaux.

There were lots of different displays showing how they lived and travelled the seas in the 18<sup>th</sup> century. Some of them were interactive, if you saw a golden gumnut, you could touch the display. We were able to move a ship by pedaling a pianola, make some legs through the forest by turning a handle, rotate a range of clothes, listen to an audio recording, pin a leaf on a map to show where we were born and even make ship identification tags for our very own ships.

*My favourite part was the display that showed how they were caught in a thunderstorm. The hammock was swinging back and forth, I think I'd get seasick. Elsa Year 4.*  
*My favourite part was the display that showed legs walking through the forest. I really liked making them walk and it looked really cool! Ryan Year 4.*

*My favourite part was when I got to move the ship by pressing the pianola pedals. It was hard to get the ship going, but once it started moving it was easy. Grace Year 4.*  
*My favourite part was the display of different coats and clothes that they would have worn in the olden days. We could spin them around and they were made from different animal skins and plant dyes. Braxton Year 4.*

If you have time, we recommend for you to visit it too!  
*Images from the Art on the Move Exhibition- Year 5*



< By Matilda Rogerson



By Edwin Hollis da Cruz >



<By Keegan Kariuki



By Jace Falcinella >

### Year 6 Camp-Perth

What a delight it was to take our Year 6 students away to their Perth Camp last week. Many thanks to Ms Thomas for organising such an exciting and enjoyable week, with plenty of learning and loads of fun with old and new friends. Special thanks to our dads, Mr Luke Murphy and Mr Steele Jacob, who gave up their time to supervise and assist during the week. There were many camp highlights, but one of the special memories will be the kindling of new friendships with our St Joseph's Year 6 students. We were proud of our Kearnan students, who were a credit to their families and our school. Thanks to the Year 6 parents and guardians, who provided an abundance of delicious food and fresh produce. We certainly didn't go hungry through the week!

On the 13<sup>th</sup> of February the Year 6 class went to Perth for their Year 6 Camp with the St Joseph's Primary School Year 6's from Pemberton.

After arriving in Perth, we went to the Perth Zoo. Then we drove for 20 minutes to go to Bounce in Willetton. After bouncing for an hour, we went to our accommodation at S.I.D.E. and played musical chairs.



In the morning, we went to AQWA for 2 hours and it was lots of fun. We even got to touch some sharks! Then we hopped back on the bus and ate lunch at Esplanade Park in Fremantle. Then we went to Fremantle Prison, and we saw the inescapable cell that Moondyne Joe slept, and ate in.

Then we went to the Round House for an hour then went back into the bus to go to Lazer Blaze. It was loads of fun, and Mr Priest even played!



The next day we went to Optus Stadium, and we played on the playground for an hour, and then we started the tour. We went to the briefing rooms, the ice baths and the locker rooms. After that, we ate a picnic lunch, then went to Parliament House. We even met Mark McGowan and Jane Kelsbie and saw sitting of the Legislative Assembly and the Legislative Council. After that we went back to S.I.D.E., to get ready for Beatty Park. Once we arrived, everyone rushed to the waterslides. At 7:00 pm, we went Ten Pin Bowling, and it



was heaps of fun. After we finished bowling, we all played air hockey.

On Thursday, we went to the Boola Bardip Museum for the Alice in Wonderland exhibit. Then we went to the Perth Mint, and we saw a gold pour, the biggest gold coin in the world, weighing 1 tonne, and worth \$1 000 000. Then we went to the Bell Tower and saw the biggest bell in Australia. We even got to ring the bells for ourselves! Then we had movie night and got ready for a big drive ahead.



Written by Ruby Brown and Ben Matenaar

## Athletics

Our House Carnivals are in a fortnight, with the Jumps Carnival on the morning of Tuesday 7 March and the Track and Games Carnival on Friday 10 March. Morning team game practice is in full swing and Mrs Harris has been busy helping students with their jump technique during lunchtimes. Students are asked to wear their House shirts for both carnivals, if possible, especially the Friday event. Our P&F will be providing cakes, slices and biscuits to sell for morning tea on the 10<sup>th</sup> March. If you can assist with putting up shade on the morning of the 10<sup>th</sup>, please let Mrs Harris know via email [jeanette.harris@cewa.edu.au](mailto:jeanette.harris@cewa.edu.au) Many hands make light work!

## Thought of the week

*You can't live a perfect day without doing something for someone who can never repay you ~ John Wooden*

Have a wonderful weekend,

**Mrs Peta Barton**

**Head of Junior School**

[peta.barton1@cewa.edu.au](mailto:peta.barton1@cewa.edu.au)

## The Wellness Corner

*"Energy flows where attention goes"*

*It is as simple as this. When we put our attention on to a subject, feeling or experience, our physical and mental energy flows there. By choosing where we place our attention, we shape our energy. The energy we give and receive shapes the happiness or unhappiness we experience in daily life, think happiness and you will receive it.*

### Whole School Jounalling

Every Wellness Wednesday, we as a whole school, journal with gratitude. This is a great way to count our blessings, celebrate and shape our lives, and invite more good in. We do this at the beginning of Period 3 every week and are excited with how it has already allowed us to focus our energy on giving thanks for all the good we have in our lives.

Our focus changes each week to align with our Strengths Spotlight. Reflecting on Kindness and Love of Learning over the past two weeks has given us wonderful opportunities to give thanks.

**Megan Burvill**

**Head of Pastoral Care**

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## PARISH NEWS

PARISH MASS TIMES			
DATE	St Joseph's Manjimup		Sacred Heart Pemberton
25.2.23		6.00 pm	
26.2.23	8.30 am		10.30 am
4.3.23		6.00 pm	
5.3.23	10.30 am		8.30 am